



Pinner Wood School



Year Group	4	Term	Spring 1	Subject	P.E.	Indoor Topic & Learning Focus	<p>Real Gym-2 Unit 2: Cognitive skills (Balance and Rotation) Explore different types of jumps and leaps and begin to link these to create a sequence.</p>
Prior Learning and other Curriculum Links	<p>Year 3 I show patience and support others, listening well to them about our work. I am happy to show and tell them about my ideas.</p>				Target Tracker statements (Skills)	<p><i>Real Gym-2</i> Exceeding - I can understand ways (criteria) to judge performance. Expected - I can explain what I am doing well and I have begun to identify areas for improvement. Emerging - With help, I can recognise similarities and differences in performance.</p>	
Fundamentals for Gymnastics	<p>Explore different types of jumps and leaps and begin to link these to create a sequence. -Decide beforehand which jump or leap to perform. -Squeeze body muscles during flight to make clear shape. -Land through balls of feet with soft knees to absorb impact.</p>						
Our Curriculum Journey	<p>Real Gymnastics Journey: In this unit, the children will be exploring different ways of travelling with different points of contact on their body. They will then further apply this with the use of hand apparatus as well. The children will then move on to exploring different rotations and rolls and move on to partner work to find ways of moving in unison and group work.</p>						

Key Vocabulary (revisited)	Controlling Shape Repetition Action and reaction Pattern High Low	Key Vocabulary (new)	Dynamic Static Balance
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See Real PE plans

<https://real.jasmineactive.com/pe/year/4/unit/3>