



RRHE at Pinner Wood



Pinner Wood School



RRHE at Pinner Wood

Our aims today:

- To explain what is included in the Relationships, Reproduction and Health Education (RRHE) curriculum
- To reassure that all the content is age appropriate
- To ensure understanding of the importance of this education.



Pinner Wood School



RRHE at Pinner Wood

Statutory status of Relationships & Health Education

In February 2019 the government published new guidance which stated that, as of September 2020, Relationships Education and Health Education became compulsory, meaning that it is now the law for it to be taught in primary schools. Sex Education is still not compulsory in primary schools and therefore parents still have a right to withdraw from lessons where the learning objective is about conception. More details about this will be in the slides later on.



Pinner Wood School



RRHE at Pinner Wood

A brief history

After being told that Relationships and Health Education was to become compulsory in September 2020 we set to work making sure the school's curriculum was suitable. This included considering new PSHE resources and we eventually chose Jigsaw PSHE. We also held a consultation with parents, staff and governors in October 2019 so that we could hear the opinions and suggestions from our school community and built that in to what we now deliver for PSHE and RRHE at Pinner Wood.



Pinner Wood School



RRHE at Pinner Wood

Why has Pinner Wood chosen Jigsaw?

- Meets the statutory requirements
- Age appropriate
- Highly recommended by other schools
- Award winning



Pinner Wood School



RRHE at Pinner Wood

The Science Curriculum (also statutory)

- identify, name, draw and label the basic parts of the human body
- describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals.



Pinner Wood School



RRHE at Pinner Wood

Why is RRHE so important?

Safeguarding

If children learn how to develop safe and respectful relationships with the people around them then they can keep themselves safe. If they also know the correct scientific names for the private parts then, should the worst happen, they have the correct vocabulary to help explain their situation.



Pinner Wood School



RRHE at Pinner Wood

Why is RRHE so important?

Self esteem

Children begin to compare themselves from a very early age. The fact that they are different from others can be difficult for them so they need to know why they are different and that it is OK to be unique.



Pinner Wood School



RRHE at Pinner Wood

At what age do they learn each topic?

Age Group	Relationships	Changing Me
Ages 3-5	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations
Ages 5-6	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change Transition
Ages 6-7	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition
Ages 7-8	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition

Age Group	Relationships	Changing Me
Ages 8-9	Jealousy Love and loss Memories of loved ones Getting and Falling Out Girlfriends and Boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change
Ages 9-10	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMART internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition
Ages 10-11	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-image Body-image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Transition

Full details can be found on the school website



RRHE at Pinner Wood

When is it taught?

The Summer term, as this is where it is placed within the Jigsaw timetable, most notably because it covers the transition to the next year. It is also the time when the children are most mature within their age group.



Pinner Wood School



RRHE at Pinner Wood

How it is taught?

- Safe environment - every comment is valued.
- Circle time boxes/'Ask it Baskets' used for privacy.
- Factual - all scientifically delivered.
- All resources are age appropriate and based around cartoons.
- Children only see the resources from Jigsaw. Teachers are not permitted to change anything.
- Boys and girls will be taught their lessons together. A trial run was done in Year 5 and 6 in the Autumn term of 2020 with period lessons and it was a huge success!



Pinner Wood School



RRHE at Pinner Wood

What will my children see?

- All content is taught through pictures, cartoons and diagrams.
- Due to Jigsaw copyright restrictions, we are not allowed to email lesson content or let you take a printed copy home, however we now have our new Jigsaw Parent Access where you can see all of your child's lessons online. The access codes will be sent out this week. There is also information on the school website. If you have any concerns about what your child will learn please speak to your class teacher.



Pinner Wood School



RRHE at Pinner Wood



We also include one lesson a year about the PANTS initiative from the NSPCC. It is a scheme invented to help children understand how to protect themselves from abuse. It is taught from Reception to Year 5 as Year 6 have a separate lesson as part of Jigsaw.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/>



Pinner Wood School



RRHE at Pinner Wood

Additional information

- If a child asks an age inappropriate question then your teacher will acknowledge it as a good question and then discuss the question with you.
- RRHE is about educating and not promoting anything.
- Children are told not to share what they have learned with younger children or siblings in order to keep the scheme age appropriate.



Pinner Wood School



RRHE at Pinner Wood

Right to withdraw

As mentioned previously, all parts of the Science, Health and Relationships Education curriculum are statutory. This means that children are NOT allowed by law to be withdrawn from these lessons.

However, Sex Education remains non compulsory in primary schools meaning parents still have the right to withdraw their children from any lessons where the learning objective is about human conception.



Pinner Wood School



RRHE at Pinner Wood

Right to withdraw

There are only 3 lessons in the curriculum which come under that criteria and they are as follows.

- Year 4
- Changing Me - Lesson 2
- Year 5
- Changing Me - Lesson 4
- Year 6
- Changing Me - Lesson 3



Pinner Wood School



RRHE at Pinner Wood

Right to withdraw

If you do not want your child to take part in those lessons you will need to make your request in writing to office@pinnerwood.co.uk before the lesson is taught (even if you have done so before). Then your child's teacher will be informed and they will ensure your child is given a different task outside of the classroom. This might be reading a book or finishing a piece of work.

Please note, the school cannot be held responsible for anything other children share on the playground. The children are told not to share by their teachers but we cannot follow the children around all day!



Pinner Wood School



RRHE at Pinner Wood

Where can I find more information?

The school website:

- Jigsaw information leaflet for parents and carers
- Jigsaw curriculum snapshot
- RSHE - a guide for parents and carers
- Jigsaw LGBT parent leaflet
- Pinner Wood RRHE policy

Parent Access

- You will be sent an access code allowing you to see the lesson plans and slides for Jigsaw. Please note some elements may have been edited or turned into a PowerPoint by a staff member. Your class teachers will let you know of any edits.



Pinner Wood School



RRHE at Pinner Wood

Thank you for coming!

Do you have any questions?



Pinner Wood School