



Year Group	1	Term	Summer 1	Subject	PSHE	Topic	Relationships
						Key Question	Who is special to me and who can I go to for help if I need it?
<b>Prior Learning and other Curriculum Links</b>	EYFS - <ul style="list-style-type: none"> <li>• Know what a family is</li> <li>• Know that different people in a family have different responsibilities (jobs)</li> <li>• Know some of the characteristics of healthy and safe friendship</li> <li>• Know that friends sometimes fall out</li> <li>• Know some ways to mend a friendship</li> <li>• Know that unkind words can never be taken back and they can hurt</li> <li>• Know how to use Jigsaw's Calm Me to help when feeling angry</li> <li>• Know some reasons why others get angry</li> </ul>					<b>Skills statements</b>	<b>Knowledge:</b> <ul style="list-style-type: none"> <li>• Know that everyone's family is different</li> <li>• Know that there are lots of different types of families</li> <li>• Know that families are founded on belonging, love and care</li> <li>• Know how to make a friend</li> <li>• Know the characteristics of healthy and safe friends</li> <li>• Know that physical contact can be used as a greeting</li> <li>• Know about the different people in the school community and how they help</li> <li>• Know who to ask for help in the school community</li> </ul> <b>Social and emotional skills:</b> <ul style="list-style-type: none"> <li>• Can express how it feels to be part of a family and to care for family members</li> <li>• Can say what being a good friend means</li> <li>• Can show skills of friendship</li> <li>• Can identify forms of physical contact they prefer</li> <li>• Can say no when they receive a touch they don't like</li> <li>• Can praise themselves and others</li> <li>• Can recognise some of their personal qualities</li> <li>• Can say why they appreciate a special relationship</li> </ul>

<b>Fundamentals</b>	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	<b>Key Facts/Sticky Knowledge</b>	To understand that there are different types of families To know how it feels to belong to a family To know what being a good friend means To know appropriate ways of physical contact to greet my friends and to know ways I prefer To recognise which forms of physical contact are acceptable and unacceptable to me To know who can help me in my school and who I can go to if I need help To understand qualities of a good friend
<b>Our Curriculum Journey</b>	<p><b>Stunning Start:</b> The children will begin by taking part in a circle time activity. They will have the opportunity to express who they are and name someone in their family. They will continue a number of rounds and see how many different members they can name. This will include close family, extended family etc. The children will then draw and label a picture of their family.</p> <p><b>Journey:</b> Throughout this unit, the children will continue to explore family and friendships and people who will help them if there is a problem at school. They will think about who their friends are and why they think they get on well with them. Working together, the children will explore what a good friend looks like and discover that, to have good friend, we need to be a good friend. The children will then discuss their likes and dislikes, focusing on how they are greeted. For example, shaking hand, hugging. The children will think carefully about the different ways they greet different people and will explore which greetings are acceptable or not in different situations. They will learn that it is OK to say 'no' if there is a touch they do not like.</p> <p><b>Show stopper:</b> Jigsaw Jack will be presented to the children, holding a special label explaining why the children are special to him. The children will have the opportunity to think about who is special to them and will draw a picture of them with a 'You are special' label giving reason as to why they are special.</p>		
<b>Key Vocabulary (revisited)</b>	Family, jobs, friends, feelings, team, relationship, angry, argue, unkind, bad words, tantrum, deep breaths, clenching, calm, happy, good, like,	<b>Key Vocabulary (new)</b>	Belong, Different, Same, Friendship, Qualities, Caring, Sharing, Kind, Greeting, Touch Feel, Texture, Dislike, Help, Helpful, Community, Feelings, Confidence, Praise, Qualities, Skills, Self-belief, Incredible, Proud, Celebrate, Relationships, Special, Appreciate

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