

Year Group	1	Term	Spring 1	Subject	PSHE	Topic	Dream and Goals	
						Key Question	What is success and how does it feel?	
Prior Learning and other Curriculum Links	set		coming obst	verance, Go acles, seekir		Target Tracker statements (Skills)	<ul> <li>Knowledge: <ul> <li>Know how to set simple goals</li> <li>Know how to achieve a goal</li> <li>Know how to work well with a partner</li> <li>Know that tackling a challenge can stretch their learning</li> <li>Know how to identify obstacles which make achieving their goals difficult and work out how to overcome them</li> <li>Know when a goal has been achieved</li> </ul> </li> <li>Social and emotional skills: <ul> <li>Recognise things that they do well</li> <li>Explain how they learn best</li> <li>Celebrate an achievement with a friend</li> <li>Recognise their own feelings when faced with a challenge</li> <li>Recognise their own feelings when they are faced with an obstacle</li> <li>Recognise how they feel when they overcome an obstacle</li> <li>Can store feelings of success so that they can be used in the future</li> </ul> </li> </ul>	

Fundamentals	Setting Goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Key Facts/Sticky Knowledge	To know what success means How to work with others Being able to overcome difficulties To know that we can remember all our successes and keep them in our internal treasure chest. What it means to achieve a goal Everybody's goals are different and this is ok.				
Our Curriculum Journey	Stunning Start: The children will begin to discuss and understand what success means and looks like to them as individuals. Children will think about what their own special success are and how they might achieve a success.  Journey: Over the weeks, the children will look further at what success is. The children will learn how it feels to be a leader, how it feels working with others as well as learning how to overcoming difficulties and obstacles and what this feels like. The children will learn to work with others and learn how their actions can support them to be a better partner. They will understand that sometimes working together can help achieve a goal.  Show stopper: The children will be able to use all they have learnt and confidently demonstrate what success is. The children will show a greater understanding of how it feels to achieve a goal and suggest ways in which they can achieve a goal with the help of friends. The children will learn how what an internal treasure chest is and how can they can use this to remind them of the successes they have achieved especially when they find things difficult.						
Key Vocabulary (revisited)	Tricky, giving up, manage, reach, goal, try, negative, encourage, dream job, future, aim,	Key Vocabulary (new)	Proud, Success, Achievement, Treasure, Coins, Goal Learning, stepping stones, Process, Garden Dreams, working together, Team work, Achievement, Celebrate, Learning, Stretchy, Challenge, Feelings, Obstacle, Overcome, Achieve, Internal. Dreams				