



# Pinner Wood School



Year Group	4	Term	Spring 2	Subject	PSHE	Topic	PSHE - Healthy Friendships
						Key Question	How healthy are you?
<b>Prior Learning and other Curriculum Links</b>	<p>Year 1 - Setting goals, identifying successes and achievements, learning styles, working well and celebrating achievement with a partner, tackling new challenges, identifying and overcoming obstacles, feelings of success</p> <p>Year 2 - Achieving realistic goals, perseverance, learning strengths, learning with others, group co-operation and contributing to and sharing success.</p> <p>Year 3 - Difficult challenges and achieving success, perseverance, dreams and ambitions, new challenges, motivation and enthusiasm, recognising and trying to overcome obstacles, evaluating learning processes, managing feelings, simple budgeting</p> <p>Year 4 -</p>				<b>Target Tracker statements (Skills)</b>	<p>I can recognise how different friendships are formed, how I fit into them and the friends I value the most.</p> <p>I understand there are people who take on the roles of leaders or followers in a group, and I know the role I take on in different situations.</p> <p>I understand the facts about smoking and the effects on health and also some of the reasons some people start to smoke.</p> <p>I understand the facts about alcohol and its effects on health particularly the liver and also some of the reasons people drink alcohol</p> <p>I can recognise when people are putting me under pressure and can explain ways to resist this when I want.</p> <p>I know myself well enough to have a clear picture of what I believe is wrong or right</p>	

<b>Fundamentals</b>	<ul style="list-style-type: none"> <li>• Know how different friendship groups are formed and how they fit into them</li> <li>• Know which friends they value most</li> <li>• Know that there are leaders and followers in groups</li> <li>• Know that they can take on different roles according to the situation</li> <li>• Know the facts about smoking and its effects on health</li> <li>• Know some of the reasons some people start to smoke</li> <li>• Know the facts about alcohol and its effects on health, particularly the liver</li> <li>• Know some of the reasons some people drink alcohol</li> <li>• Know ways to resist when people are putting pressure on them</li> </ul> <p>Know what they think is right and wrong</p>	<b>Key Facts/Sticky Knowledge</b>	<ul style="list-style-type: none"> <li>- Know their strengths and can set challenging but realistic goals for themselves</li> <li>- They can work out the learning steps they need to take to reach their goal and understand how to motivate themselves to work on these</li> <li>- Identify problems in the world that concern them and talk to other people about them</li> <li>- Work with other people to help make the world a better place</li> <li>- Describe some ways in which they can work with other people to help make the world a better place</li> </ul> <p>Know what some people in their class like or admire about them and can accept praise</p>
<b>Our Curriculum Journey</b>	<p><b>Journey:</b>          In this topic the children will look at friendship and the value of it. They will be looking at what makes a healthy friendship and the different roles they can take as a friend.          They will look at the effects of alcohol and smoking and what these do to the body. They will be learning facts about both alcohol and smoking and its effect on the liver. They will also look at why some people drink.          They will then move on to looking at how to resist peer pressure and how to know when something is right and wrong.</p>		
<b>Key Vocabulary (revisited)</b>	Dream, Hope, Goal, Feeling, Achievement, Money, Grown Up, Adult, Lifestyle, Job, Career, Profession, Money, Salary, Contribution, Society, Determination, Perseverance, Motivation, Aspiration, Culture, Country, Sponsorship, Communication, Support, Rallying, Team Work, Cooperation, Difference.	<b>Key Vocabulary (new)</b>	Friendships Emotions Healthy Relationships Friendship groups Value Friendship groups Roles Leader Follower Assertive Agree / disagree Smoking Pressure Peers Guilt Advice Alcohol Liver Disease

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