



Pinner Wood School



Year Group	2	Term	Spring 2	Subject	Science	Topic	Animals including humans
						Key Question	How do we take care of Ourselves?
Prior Learning and other Curriculum Links	<p>-I can identify and name a variety of common animals including fish, amphibians, reptiles, birds and mammals</p> <p>-I can identify and name a variety of common animals that are carnivores, herbivores and omnivores</p> <p>I can describe and compare the structure of a variety of common animals (fish, amphibians, reptiles, birds and mammals, including pets)</p> <p>I can identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.</p>					Target Tracker statements (Skills)	I can describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.
Fundamentals	<p>I can notice that animals, including humans, have offspring which grow into adults</p> <p>I can describe the basic needs of animals, including humans, for survival (water, food and air)</p> <p>I can describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.</p>					Key Facts/Sticky Knowledge	<p>Food:</p> <ul style="list-style-type: none"> -name a range of foods from each food type and know we should eat a balance of these foods every day. -We should eat plenty of fruit and vegetables each day – at least five portions. -We should also eat plenty of bread, rice, pasta and other starchy foods. Wholegrain varieties and potatoes with their skins are better, as they contain more fibre. -We should drink some milk and eat some dairy foods to help us to get enough protein and calcium. Lower-fat milk and dairy foods are healthier options. -We should eat some meat, fish, eggs, beans and other non-dairy sources of protein.

			<p>We should eat just a small amount of foods and drinks that are high in fat or sugar.</p> <p>Exercise: Children should engage in physical activity every day. They should build strength in their bones and muscles.</p> <p>Hygiene: -Hand washing (using soap and warm water) is very important before eating and after a range of different activities throughout the day to prevent infection and the spread of disease. -Children should clean their teeth twice a day using a soft toothbrush with toothpaste and visit the dentist twice a year. -Children should wash their whole body and brush their hair once a day. Underwear should also be changed daily. Children’s hair should be washed once a week with shampoo.</p>
<p>Our Curriculum Journey</p>	<p>Stunning Start:</p> <p>Journey: We begin by exploring the food groups and how to have balanced diet. Then we explore how we can be healthy by exercising. We conduct an investigation into how exercise effects our bodies.</p> <p>Show stopper:</p>		
<p>Key Vocabulary (revisited)</p>	<p>eyes, nose, ears, sense, touch, feel, smell, see, hear.</p>	<p>Key Vocabulary (new)</p>	<p>food, sort, classify, healthy diet, dairy, fruits, vegetables, meat, fish, beans, fat, sugar, bread, potatoes, cereals, exercise, physical activity, hot, sweaty, heart beating, pulse, muscles, clean, hygiene, hygienic, wash, prediction, conclusion</p>