



# Pinner Wood School



Year Group	1	Term	Summer 1	Subject	Real PE	Topic	<u>Real Dance</u> - Unit 1: Creative skills, Theme - Seasons (pop music focus)
						Key Question	How do I create a movement sequence to music
Prior Learning and other Curriculum Links	<p><b>EYFS:</b> I can increasingly use and remember sequences and patterns of movements which are related to music and rhythm. (3-4 Years)</p> <p>I can progress towards a more fluent style of moving, with developing control and grace. (Reception)</p> <p>I can combine different movements with ease and fluency (Reception)</p> <p><b>Year 1</b> - previously in dance unit - I can balance with both hands and feet touching the floor.</p> <p>I can balance with 1 hand and 2 feet touching the floor.</p> <p>I can balance with 2 hands and 1 foot touching the floor.</p> <p>I can balance with 1 hand and 1 foot touching the floor.</p> <p>I can balance with 1 hand and 1 foot touching the floor.</p> <p>I can balance with no hands or feet touching the floor.</p>			<b>Skills statements</b>		<p>I can perform a single skill or movement with some control.</p> <p>I can perform a small range of skills and link two movements together</p>	
Fundamentals	<ul style="list-style-type: none"> <li>• Create shapes using body, move to a beat, create shapes with partner, create circles with parts of body, move body to beat, turns between shapes and floor beginning.</li> </ul>			<b>Key Facts/Sticky Knowledge</b>		<ul style="list-style-type: none"> <li>• I can create a standing shape in different directions</li> <li>• I can create a balance shape ensuring I stay still and hold it for 3 seconds</li> <li>• I can move from 1 shape to another in a range of interesting ways such as turning, jumping, stepping, skipping</li> </ul>	
Our Curriculum Journey	<p><b>Stunning Start:</b> Listen to the music - children to dance as they wish</p> <p><b>Journey:</b> Show children how to stand in different ways to create a shape, balance in different ways to make a shape and then move between the 2 shapes. Children will practice these skills and begin to use these as they respond to the beat/rhythm of music. Children will then work with their partner to create a dance sequence with 4 moves. They will develop these sequences to include turns and jumps. Children will begin to explore dance using silk/scarf and ways to move the silk/scarf.</p>						

	<p><b>Show stopper:</b> Create and perform their final dance reflecting what they have learnt that includes 4 moves: 2 shapes and 2 movements in between.</p>		
<p><b>Key Vocabulary (revisited)</b></p>	<p>Stillness Body parts Own space Balance Stand skip</p>	<p><b>Key Vocabulary (new)</b></p>	<p>Move Turn Jump Sequence Travel</p>