



Pinner Wood School



Year Group	Year 1 & 2	Term	Spring 2	Subject	Outdoor P.E.	Outdoor Topic & Learning Focus	Cross-Curricular Orienteering: Lessons 1 – 6
Prior Learning and other Curriculum Links	Links to: - Movement - Teamwork skills North/South/East/West Map Keys Symbols				Target Tracker statements (Skills)	<ul style="list-style-type: none"> - Understand that a diagram/map is a bird's eye representation of the ground - Understand what a legend/key is and its importance - Transfer information on a diagram/map into reality, using basic symbols and matching equipment - Follow & give verbal & written commands to move forwards, backwards, up, down, left and right - Understand how the directions forwards, backwards, up, down, left and right can change depending on which way a person is facing - Use a basic diagram/map to navigate to a single point in reality - Use a basic diagram/map to navigate to up to 4 different points in reality - Use a basic diagram/map to navigate to up to 4 different points, avoiding obstacles - Use a basic diagram/map to follow a specific route with up to 4 different points - Use a basic diagram/map to follow a specific route with up to 4 different points, avoiding obstacles 	
Fundamentals For Orienteering	These first 6 lessons will teach the basics of orienteering and following maps, symbols and direction. Children will develop their ability to work together in pairs, orientate a map depending on where they move, and find positions on a map returning to a starting point. It will also highlight the importance of fitness and exercise.						

Our Curriculum Journey	Orienteering Journey: In these first 6 lessons, the children will start off by learning how to read instructions with strange and different symbols. They will be creating numbers, letter and sounding out words by following set instructions, working together to read the key to make sure they use the right equipment, but also complete it in the correct order. The children will then learn about recognising different maps and orientate themselves so they move around the map rather than the map itself moving. The children will complete the sounding cones that get progressively more complicated and also start to include task/obstacles along the way		
Key Vocabulary (revisited)	Teamwork	Key Vocabulary (new)	Direction Orienteering Symbols Key Agility Balance Coordination