



Year Group	2	Term	Spring 2	Subject	PE - indoor	Topic	<b>Unit 4: Creative Skills</b> <b>Counter balance and coordination</b>
						Learning Focus	<b>I can explore and describe different movements</b>
<b>Prior Learning and other Curriculum Links</b>	<b>Year 1 (I can observe and copy others)</b> <ul style="list-style-type: none"> <li>I can sit and roll a ball along the floor around my body using 2 hand and 1 hand (left to right),</li> <li>I can roll a ball down to my toes and back up, then around my upper body using 2 hands,</li> <li>I can stand and roll a ball down to my toes and back up, then round my upper body using 2 hands</li> <li>I can sit holding hands with toes touching, lean in together then apart</li> <li>I can sit holding 1 hand with toes touching, lean in together then apart</li> <li>I can sit holding hands with toes touching and rock forwards, backwards and side-to-side.</li> </ul>				<b>Target Tracker statements (Skills)</b>	<ul style="list-style-type: none"> <li>Catch a small ball</li> <li>Throw a small ball overarm, using the correct technique</li> <li>Structure sequences of actions and skills in different orders to improve performance (speed/direction/level etc.)</li> <li>Compare his/her performance with others</li> </ul>	
<b>Fundamentals For Real P.E.</b>	<ul style="list-style-type: none"> <li>I can sit and roll a ball up and down my legs and round my upper body using 1 hand.</li> <li>I can stand and roll a ball up and down my legs and round my upper body using 1 hand.</li> <li>I can hold on and, with a long base, lean back, hold our balance and move back together again.</li> <li>I can hold on with 1 hand and, with a long base, lean back, hold our balance and move back together again.</li> </ul>				<b>Fundamentals for Balance and Coordination</b>	<ul style="list-style-type: none"> <li><b>Balance:</b> Jump from 2 feet to 2 feet with quarter turn, including moving along a line. Keeping balance on both legs whilst lifting knees to 90° and heel to bottom. Be able to move cone from one side of body to other while maintain balance.</li> <li><b>Coordination:</b> Throw tennis ball and catch rebound with both hands after 1 or no bounce. Strike ball with hand along ground in rally.</li> </ul>	

<b>Our Curriculum Journey</b>	<b>Real PE Journey:</b> In this unit, children will continue to develop their coordination skills whilst practising a range of ball skills. The children will practice the skill of maintaining full control while rolling a ball along the floor using their hands, sitting and rolling a ball up and down their legs and then progressing onto standing up and rolling a ball up, down and around their upper body. They will then apply these skills and play cooperatively to pass a ball around their partner's body changing the height, direction and pace, as well as maintaining a counter balance with a partner to successfully roll the ball up and down to each other. Throughout his unit, children will compare their performance with peers, highlighting their successes and sharing challenges.		
<b>Key Vocabulary (revisited)</b>	Controlling Shape Stretch	<b>Key Vocabulary (new)</b>	Balance Over arm throw Technique Sequence