

Year Group	2	Term	Spring 1	Subject	P.E.	Indoor Topic & Learning Focus	Unit 2: Cognitive skills (Flight and Rotation)  - I can name some of the things I am good at - I can recognise similarities and differences in performance I can explain what I am doing well and I have begun to identify areas for improvement.
Fundamentals for Gymnastics	Year 2:  Gymnastics: make connections through points or patches of body applying to low and large apparatus and partner work. Use feet and different body parts to travel over floor, low and large apparatus. Learn named jumps and use of apparatus.						
Our Curriculum Journey	Real Gymnastics Journey: In this unit, children will be exploring flight by performing a range of jumps (straight jump, tuck jump, star jump and a straight jump with 180 turn) with soft, balanced landings. They will then further apply this with the use of hand apparatus as well (through rope, roll apparatus, large bounce and through hoop). The children will then move on to exploring different rotations and rolls and move on to partner work to find ways of moving in unison and group work.						
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