



# Pinner Wood School



<b>Year Group</b>	3	<b>Term</b>	Spring 2	<b>Subject</b>	Indoor P.E.	<b>Outdoor Topic &amp; Learning Focus</b>	Unit 4: Creative Skills (Balance and coordination)
<b>Prior Learning and other Curriculum Links</b>	<ul style="list-style-type: none"> <li>- I can sit and roll a ball up and down my legs and round my upper body using 1 hand.</li> <li>- I can stand and roll a ball up and down my legs and round my upper body using 1 hand.</li> <li>- I can hold on and, with a long base, lean back, hold our balance and move back together again.</li> <li>- I can hold on with 1 hand and, with a long base, lean back, hold our balance and move back together again.</li> </ul>				<b>Target Tracker statements (Skills)</b>	<p>I can make up my own rules and versions of activities. I can respond differently to a variety of tasks or music and I can recognise similarities and differences in movements and expression.</p> <ul style="list-style-type: none"> <li>- I can strike a ball with alternate hands in a rally.</li> <li>- I can kick a ball with the same foot.</li> <li>- I can kick a ball with alternate feet.</li> <li>- I can roll 2 balls alternately using both hands, sending 1 as the other is returning.</li> </ul>	
<b>Fundamentals</b>	<ul style="list-style-type: none"> <li>- Complete a tucked jump with 180° turn.</li> <li>- Walk fluidly lifting knees and using heel to toe landing.</li> <li>- Lean back and forward holding with 1 or 2 hand and hold balance.</li> </ul>						
<b>Our Curriculum Journey</b>	<p><b>Real P.E. Journey:</b> The children will build on their coordination skills from Year 2 by doing more with a ball. The children will focus on striking and moving a ball in different ways. They will develop confidence with the use of both feet and hands to send and receive a ball. They will then put these skills into action by playing various skill based games to help further develop their competency.</p>						
<b>Key Vocabulary (revisited)</b>	Controlling Shape Stretch Wide Narrow Striking				<b>Key Vocabulary (new)</b>	Repetition Action and reaction Pattern High Low	

	Levels Overarm throw		
--	-------------------------	--	--