



Pinner Wood School



Year Group	3	Term	Spring 1	Subject	Indoor P.E.	Topic & Learning Focus	Real Gym-2 Unit 2: Cognitive skills (Flight and Rotation)
Prior Learning and other Curriculum Links	Gymnastics: make connections through points or patches of body applying to low and large apparatus and partner work. Use feet and different body parts to travel over floor, low and large apparatus. Learn named jumps and use of apparatus.				Target Tracker statements (Skills)	<ul style="list-style-type: none"> - I can perform a marching action, lifting knees and elbows up to a 90° angle. - I can walk fluidly with a heel to toe landing. - I can walk fluidly, lifting knees up and using a heel to toe landing. - I can walk fluidly, lifting heels up to bottom and using a heel to toe landing. 	
Fundamentals	Gymnastics: Use of different body parts while using hand apparatus, rolling with partner support, perform named jumps on floor and low apparatus, do one foot balances using floor, low and large apparatus.						
Our Curriculum Journey	Real P.E. Journey: The children will build on their gymnastic skills by starting to include the use of hand apparatus as part of their sequence and movement. They will explore low and high apparatus and how these can be combined to create a routine. The children will work in groups to create a floor routine to apply movement, stances, apparatus and more.						
Key Vocabulary (revisited)	Sequence Apparatus Space Movement				Key Vocabulary (new)	Hand apparatus High bar Low bar Tuck Crab Half spin	

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