



# Pinner Wood School



<b>Year Group</b>	4	<b>Term</b>	Summer 1	<b>Subject</b>	Outdoor P.E.	<b>Outdoor Topic &amp; Learning Focus</b>	Real PE Unit 5: Applying physical skills (Coordination, Dynamic & applying physical skills)
<b>Prior Learning and other Curriculum Links</b>	Year 3 Coordination: Chase large ball and let through legs to collect. React to objects being dropped and respond				<b>Skills Statements</b>	I can link actions together so that they flow. I can perform a variety of movements and skills with good body tension. I can perform and repeat longer sequences with clear shapes and controlled movement. I can select and apply a range of skills with good control and consistency. I can perform a sequence of movements with some changes in level, direction or speed. I can perform a range of skills with some control and consistency.	
<b>Fundamentals</b>	Year 4 Coordination: React to tennis balls (1 or 2) being dropped by their partner and respond from varying distances and positions.						
<b>Our Curriculum Journey</b>	<b>Real P.E. Journey:</b> The children will continue to develop their coordination skills through reaction and response. The children will develop and practice various skills in partners to respond to different situations. The children will develop their reaction skills by trying to catch a ball that is dropped after one bounce. They will then increase the distance and the number of balls being used to work on their response speed. They will then progress to different starting positions (back to ball) They will then discuss and develop their own skill workshops to help others develop their reaction ability.						

<b>Key Vocabulary (revisited)</b>	Throw Drop Tennis ball Team work Catch	<b>Key Vocabulary (new)</b>	Reaction Response Distance Speed Catch
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