



Pinner Wood School



Year Group	4	Term	Spring 2	Subject	P.E.	Indoor Topic & Learning Focus	Real PE Unit 4: Creative Skills (Balance and coordination)
Prior Learning and other Curriculum Links	Year 3 I show patience and support others, listening well to them about our work. I am happy to show and tell them about my ideas.				Target Tracker statements (Skills)	Real PE Unit 4: Creative Skills (Balance and coordination) - I can alternately throw and catch 2 tennis balls against a wall. - I can throw 2 tennis balls against a wall and catch them with the opposite hand (cross-over). - I can throw 2 tennis balls against a wall in a circuit, in both directions.	
Fundamentals For Real P.E.	<p>With both right and left hand/foot, against a wall or with a partner (at least 5 times in a row): I can strike a ball with alternate hands in a rally. I can kick a ball with the same foot. I can kick a ball with alternate feet. I can roll 2 balls alternately using both hands, sending 1 as the other is returning.</p> <p>With right and left hand: I can alternately throw and catch 2 tennis balls against a wall.</p>						

	<p>I can throw 2 tennis balls against a wall and catch them with the opposite hand (cross-over).</p> <p>I can throw 2 tennis balls against a wall in a circuit, in both directions.</p>		
Our Curriculum Journey	<p>Real P.E. Journey: In this unit, the children will be developing their balls skills with both their hands and feet. We will look at the hand eye/foot eye coordination and reflexes. We will develop these skills in each lesson and then apply them in small game activities.</p>		
Key Vocabulary (revisited)	<p>Controlling Reaction Reflexes Repetition Action and reaction Pattern alternate</p>	Key Vocabulary (new)	<p>coach athlete control alternate</p>

See Real PE plans

<https://real.jasmineactive.com/pe/year/4/unit/3>