



# Pinner Wood School



<b>Year Group</b>	4	<b>Term</b>	Spring 2	<b>Subject</b>	P.E.	<b>Indoor Topic &amp; Learning Focus</b>	<b>Real PE</b> Unit 4: Creative Skills (Balance and coordination)
<b>Prior Learning and other Curriculum Links</b>	Year 3 I show patience and support others, listening well to them about our work. I am happy to show and tell them about my ideas.				<b>Target Tracker statements (Skills)</b>	<b>Real PE</b> Unit 4: Creative Skills (Balance and coordination) - I can alternately throw and catch 2 tennis balls against a wall. - I can throw 2 tennis balls against a wall and catch them with the opposite hand (cross-over). - I can throw 2 tennis balls against a wall in a circuit, in both directions.	
<b>Fundamentals For Real P.E.</b>	<b>With both right and left hand/foot, against a wall or with a partner (at least 5 times in a row):</b> I can strike a ball with alternate hands in a rally. I can kick a ball with the same foot. I can kick a ball with alternate feet. I can roll 2 balls alternately using both hands, sending 1 as the other is returning. <b>With right and left hand:</b> I can alternately throw and catch 2 tennis balls against a wall.						

	<p>I can throw 2 tennis balls against a wall and catch them with the opposite hand (cross-over).</p> <p>I can throw 2 tennis balls against a wall in a circuit, in both directions.</p>		
<b>Our Curriculum Journey</b>	<p><b>Real P.E. Journey:</b> In this unit, the children will be developing their balls skills with both their hands and feet. We will look at the hand eye/foot eye coordination and reflexes. We will develop these skills in each lesson and then apply them in small game activities.</p>		
<b>Key Vocabulary (revisited)</b>	<p>Controlling Reaction Reflexes Repetition Action and reaction Pattern alternate</p>	<b>Key Vocabulary (new)</b>	<p>coach athlete control alternate</p>

See Real PE plans

<https://real.jasmineactive.com/pe/year/4/unit/3>