



Pinner Wood School



Year Group	6	Term	Spring 1	Subject	P.E.	Indoor Topic & Learning Focus	Real Gym-2 Unit 2: Cognitive skills (Flight and Rotation performance)
Prior Learning and other Curriculum Links	<p>Year 3 Compare and contrast his/her performance with others</p> <p>Year 4 - I can lunge walk forwards, bringing opposite elbow up to a 90° angle. -Comment on skills and techniques applied in his/her own and others' work and use this understanding to improve performance</p> <p>Year 5 (Flight and Rotation). I have a clear idea of how to develop my own and others' work I can self-select and perform appropriate warm-up and cool down activities. I can identify possible dangers when planning an activity.</p>					Target Tracker statements (Skills)	<ul style="list-style-type: none"> - Create a sequence of movement that changes speed, height and direction -I can hold and control differences balances independently and with a partner -Use apparatus to perform a routine
Fundamentals for Real Gymnastics							<p>Use a wide range of hand apparatus to perform different techniques, be able to do a series of different flight and rotation performance using low apparatus and start to perform a routine with partners. Able to evaluate their own sequence and improve upon it and that of others.</p>
Our Curriculum Journey	Real Gymnastics Journey: In this unit, the children will be exploring using hand apparatus to perform different techniques, using flight and rotation on low apparatus to create a performance.						

Key Vocabulary (revisited)	Controlling Shape Repetition Action and reaction Pattern High Low	Key Vocabulary (new)	Sequence Shape Balance Jump Rotate Travel Performance Evaluation Marking
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