



Pinner Wood School



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| Year Group | 1 | Term | Autumn 2 | Subject | PE | Topic | Real Dance - Unit 1 Social Skills |
| | | | | | | Key Question | How can my body make shapes to music? |
| Prior Learning and other Curriculum Links | Reception Dance: Children to coming up with a repeated pattern to a sequence of music. Children work in pairs to create patterns. | | | | | Skills statements | - I can balance with both hands and feet touching the floor. I can balance with 1 hand and 2 feet touching the floor. I can balance with 2 hands and 1 foot touching the floor. I can balance with 1 hand and 1 foot touching the floor. I can balance with 1 hand and 1 foot touching the floor. |
| Fundamentals | <ul style="list-style-type: none"> Dance: Create shapes using body, move to a beat, create shapes with partner, create circles with parts of body, move body to beat, turns between shapes and floor beginning. | | | | | Key Facts/Sticky Knowledge | Shapes can be created with my body Dance shapes can be created solo or with a partner Shapes can be joined together to make a dance Different shapes can be created to different music Shapes can be made to the beat of the music |
| Our Curriculum Journey | <p>Stunning Start: Children will begin by exploring the different shapes they can make with their body. They will explore standing and floor shapes.</p> <p>Journey: The children will listen carefully to the beat of the music and will be encouraged to move and clap along. The children will practice clapping for a count of 4 and 8 before making shapes and holding them for a count of 8. The children will experiment making standing and floor shapes with a partner before thinking of creative ways to get to a different shape.</p> <p>Show stopper: The children will recap on all the dance making skills they have learned so far. The children will think carefully about the shapes they have made and their transitions between each shape and begin to put a dance together.</p> | | | | | | |
| Key Vocabulary (revisited) | Direction Balance | | | | | Key Vocabulary (new) | Travel Stillness Body parts Own space Forwards Backwards Sideways |