

Year Group	6	Term	Autumn 1	Subject	P.E. Indoor	Indoor Topic & Learning Focus	Real Gym-1 Unit 1: Personal skills (Shape and travel performance)
Prior Learning and other Curriculum Links	Year 3: Use of different body parts while using hand apparatus, rolling with partner support, perform named jumps on floor and low apparatus, do one foot balances using floor, low and large apparatus. Year 4: perform different balances with partner both linked and supported, rotate and roll on different body parts and incorporate hand apparatus. Year 5: Use a wide range of hand apparatus to perform different techniques, be able to do a series of different flight and rotation using low apparatus and start to perform a routine with partners.					Skills statements	I cope well and react positively when things become difficult. I can persevere with a task and I can improve my performance through regular practice
Fundamentals for Real Gymnastics	 Use a wide range of hand, low and large apparatus to put together a sequence and routine. Able to evaluate their own sequence and improve upon it and that of others. 						
Our Curriculum Journey	Real Gymnastics Journey: In this unit, the children will be exploring using hand, low and large apparatus to put together to create a sequence and routine. The children will perform their performances and learn how to evaluate their own sequences, improving upon it and that of others.						
Key Vocabulary (revisited)	Shap Repe	ctition on and re ern	caction			Key Vocabulary (new)	Sequence Shape Balance Jump Rotate Travel Performance Evaluation Marking