



# Pinner Wood School



<b>Year Group</b>	3	<b>Term</b>	Autumn 1	<b>Subject</b>	Indoor P.E.	<b>Topic</b>	Real Gym
						<b>Key Question</b>	How do I perform sequences using a variety of rotations, levels, directions and speed?
<b>Prior Learning and other Curriculum Links</b>	<b>Reception:</b> Gym: Using mats to move around safely and performing jumps and rolls. Children to use benches to walk across in a straight line. <b>Year 1:</b> Gymnastics: Know tuck, star, straddle, straight and pike and use these on floor and low apparatus <b>Year 2:</b> Gymnastics: make connections through points or patches of body applying to low and large apparatus and partner work. Use feet and different body parts to travel over floor, low and large apparatus. Learn named jumps and use of apparatus.					<b>Skills statements</b>	I can persevere with a task and improve my performance through regular practice. I know where I am with my learning. I try several times if at first I don't succeed.
<b>Fundamentals</b>	Gymnastics: Use of different body parts while using hand apparatus, rolling with partner support, perform named jumps on floor and low apparatus, do one foot balances using floor, low and large apparatus.					<b>Key Facts/Sticky Knowledge</b>	A star jump is a jump that makes an X shape with your arms and legs. A tuck jump is when your knees reach your chest. A straight jump is when you keep your legs straight and your arms are above your head and are straight.

<b>Our Curriculum Journey</b>	<b>Journey:</b> The children will begin by exploring shapes and travel using different pathways and begin to link these to create a sequence. They will then move onto developing sequences using a variety of shapes, travel and pathways. The next lesson will be spent consolidating and performing sequences using a variety of shapes, travel and pathways. Next, they will explore rotations (rolls and spins) and begin to link these to create a sequence. After that, they will develop sequences using a variety of rotations, levels, directions and speeds. The final lesson will be an assessment where the children will consolidate and perform sequences using a variety of rotations, levels, directions and speeds.		
<b>Key Vocabulary (revisited)</b>	Controlling Shape Stretch Wide Levels	<b>Key Vocabulary (new)</b>	Repetition Action and reaction Pattern High Low