



# Pinner Wood School



<b>Year Group</b>	4	<b>Term</b>	Autumn 2	<b>Subject</b>	P.E.		
						<b>Outdoor Topic &amp; Learning Focus</b>	<b>Real PE Unit 2: Social skills (Jumping &amp; Landing)</b>
<b>Prior Learning and other Curriculum Links</b>	<p>Year 3 The children previously worked on simple jumps with control and balance in year three. The progression to year 4 focuses on the difficulty of the movements in which they are taught and practise as well as movement during the jump.</p>				<b>Target Tracker statements (Skills)</b>	<p><i>Real PE</i> Exceeding I can guide a small group through a task. I cooperate well with others and give helpful feedback. Expected I am happy to show and tell others about my ideas. I show patience and support others, listening carefully to them about our work. Emerging I can help, praise and encourage others.</p>	
<b>Fundamentals For Real P.E.</b>	<p>Maintaining balance throughout:  I can jump from 2 feet to 2 feet with 180° turn in either direction. I can complete a tucked jump. I can complete a tucked jump with 180° turn in either direction</p>					<p>Fluency is moving your body through specific motions A tucked jump is where the knees are tucked into the chest at top of jump flight A 180 degree turn is moving the body to face the opposite direction Transition is moving between different body positions</p>	
<b>Our Curriculum Journey</b>	<p><b>Real P.E. Journey:</b> In this unit, the children will be exploring and developing their jumping &amp; landing skill using side jumps and lands through 180°. They will be working on their fluency and control throughout the movements. They will continue to develop these skills using various single foot, double foot jumps and various equipment for landing.</p>						

<b>Key Vocabulary (revisited)</b>	balance steady unsteady	<b>Key Vocabulary (new)</b>	Landing Pivot Tucked jump Stance
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See Real PE plans

<https://real.jasmineactive.com/pe/year/4/unit/2>