



Pinner Wood School



Year Group	5	Term	Autumn 1	Subject	PE (outdoor)	Topic	Tennis
						Key Question	n/a
Prior Learning and other Curriculum Links	Side stepping Rally using hands instead of racket Strike a ball with alternative hands in a rally. Hopscotch forwards, backwards, alternating hopping leg each time. Move in a 3-step zig zag pattern forwards and backwards. Chase a large bouncing ball Walk fluidly lifting knees and using heel to toe landing.					Skill statements	<ul style="list-style-type: none">• I know when I have made mistakes and can then use these experiences to change my approach in the future• I can explain something I am good at• I can take part in organised games and sports using my skills and tactics to help my team• I can predict what an opponent might do during a game or activity and alter my performance accordingly• I can work out how well I have performed and describe this using appropriate terms for the activity• Start to use forehand, backhand and overhead shots and start to use a volley with growing confidence.

Fundamentals	<p>Net Games: Start to use forehand, backhand and overhead shots and start to use a volley with growing confidence.</p>	Key Facts/Sticky Knowledge	<ul style="list-style-type: none"> • Forehand is a stroke in which the inner side of the palm of the dominant hand that is holding the racket faces forward. • Backhand is a tennis shot in which the back of the hand goes before the palm as the racquet is swung around the body to meet the ball • A rally is the name given to a sequence of back and forth shots between players, within a point • A volley is a shot in tennis where a player returns the ball before it bounces.
Our Curriculum Journey	<p>They begin learning how to do a forehand, backhand shot, volley and rally. Once they have done this they will practice the skill of hitting the ball without a bounce in order to improve performance, then understand how to play a point and how to outplay and opponent.</p>		
Key Vocabulary (revisited)	<p>Teamwork Tennis Net Games Support Communication</p>	Key Vocabulary (new)	<p>Forehand, backhand, volley, overhead Rally Singles, doubles Using width, using depth, changing direction, changing speed Short tennis Defending court, covering court and partner</p>